


**PA-AIMH ENDORSEMENT FOR CULTURALLY SENSITIVE, RELATIONSHIP-FOCUSED
PRACTICE PROMOTING INFANT AND EARLY CHILDHOOD MENTAL HEALTH®
IMH and ECMH Endorsement “At-A-Glance”**

|  PA-AIMH Pennsylvania Association for Infant Mental Health | <i>Infant Family Associate (IFA) or Early Childhood Family Associate (ECFA)</i> | <i>Infant Family Specialist (IFS) or Early Childhood Family Specialist (ECFS)</i> | <i>Infant Mental Health Specialist (IMHS) or Early Childhood Mental Health Specialist (ECMHS)</i> | <i>Infant Mental Health Mentor (IMHM) or Early Childhood Mental Health Mentor (ECMHM)</i> |
|--|--|--|---|--|
| Minimal Education | Any academic degree ¹ | Bachelors or Master’s degree | Masters or Post-Graduate | Masters or Post-Graduate |
| Work Experience | Minimum of 2 years of infant/early childhood related work or volunteer experience in an applicable role ² | Minimum of 2 years of prevention and/or early intervention services to young children ³ & their families; served a minimum of 10 families | Minimum of 2 years post-masters IECMH practice working on behalf of caregiver-child relationship | Minimum of 3 years as an IECMH practice leader (policy, research/faculty and/or clinical) and provider of RS/C for 3+ years ⁴ |
| Specialized Training in Topics of Infant Mental Health | Minimum 30 hours, average 45 hours | Minimum 30 hours, average 60 hours | Minimum 30 hours, average 75 hours | Minimum 30 hours, average 90 hours |
| Code of Ethics and Endorsement Agreement | Signed | Signed | Signed | Signed |
| Reflective Supervision or Consultation | Not Required | Minimum 24 clock hours | Minimum 50 clock hours | Minimum 50 clock hours (Clinical only) |
| Reference Ratings | 3 | 3 | 3 | 3 |
| Written Exam | no | no | yes | yes |
| Membership in PA-AIMH or other IMH association | yes | yes | yes | yes |
| Fee Schedule | \$50 | \$125 | \$225 | \$325 |
| Service Examples | Promotion | Prevention | Treatment/Intervention | Leadership |
| Professional portfolio | Applicant will submit a professional portfolio that demonstrates that he/she has met both the requirements and the competencies specified for their identified category. Details about competencies can be found in the publication <i>Competency Guidelines</i> . | | | |

¹IFA/ECFA applicants need to meet the Education OR the Work requirement. They do not need to meet both.

²For IFA/ECFA applicants, volunteer experience may meet the work criterion if it was a) supervised experience with women during pregnancy or with infants, young children, & families AND b) included specialized training. Examples include CASA, Doula, and Child Life Specialist

³Young children defined as birth-3 years old for IFA/ECFA applicants and children 3-6 years old for IFS/ECFS applicants

⁴Only IMHM-Clinical applicants need to fulfill the requirement of being a provider of RS/C for 3+ years.